

# SAGE culinary studio

## Crispy Baked Chicken

### Ingredients

- 4 chicken breasts cut into strips
- 1 egg, beaten
- 1 tbsp. milk
- 1 1/2 cups Panko bread crumbs
- salt and pepper to taste
- extra-virgin olive oil

### Directions

Preheat oven to 350 degrees. Place chicken strips in shallow baking dish. Beat egg and stir in milk. Use silicone brush to coat chicken with egg mixture. Season chicken with salt and pepper. Sprinkle Panko crumbs on chicken strips. Drizzle with olive oil. Bake for 20-30 minutes or until golden brown.